

DO WHAT YOU LOVE AND LOVE WHAT YOU DO

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Here's an interesting observation: most people aren't happy in their lives. At least not when it comes to the phenomenon we refer to as 'work' or 'making a living'. It would seem that just about everyone needs to make some sort of 'living'. For most people, this of course means 'work'. We all have to go to work and be productive so that we can be compensated for our work and afford to feed ourselves and our loved ones. However, while we may not have much choice in having to 'work', we do have some choice in how we perceive 'work'. Work can be a drudge, or a dream, or anything in between. Like everything else in our lives, God gave us a choice in determining exactly what it's going to be for us.

For example, if you are waking up each and every morning on fire, feeling called to do great service for humanity and devoted to an inspiring purpose, vision, and mission, no doubt you feel as if 'work' isn't 'work' at all: To you, it is a kind of joyous play, maybe even a blessing, with monetary benefits. On the other hand, if you turn back the covers each morning and groan "Oh no, not another day at work! I wish I could just stay in bed." and dread your 9 to 5 work, then surely you feel as if your job is more of a burden and a necessary evil than a joy and a blessing. The difference between these two examples, however, is merely in how 'work' is being perceived.

Let me make another observation: most people begin their day not with God-given inspiration, but with resignation and depression. Instead of leaping out of bed at the crack of dawn, filled with thankfulness for being provided with another day of life, their thoughts plummet into despair as they realise that their day is filled with toils and tasks that they don't want to do. Some statistics has shown that more people suffer from heart-attacks on a Monday morning than at any other time of the week. Now, if so many people can experience heart attacks from just thinking of 'work', try to imagine how many more people are making themselves sick in other ways by their own negative perceptions.

The ironic part of all of this, is that it is just as simple to fill your day with things you love to do, as it is to fill the day with things you must do, need to do, or even dread doing. We sometimes forget that that God gave us the life we have, and He also gave us the power to create the life we love. Think about that for a moment. God created each and every one of us to love life and be fulfilled. When we listen to our inner voice of intuition, we discover that we are most fulfilled when we are doing what we love to do, and loving what we do. When we trust and follow our inner voice, we remember that each day is a gift from our God, and we make a commitment to appreciate that gift by working toward what we love.

On the continuum of 'job satisfaction' there's a level at which some people feel a mystical draw to serve in a particular way. They feel that this is what they were meant to do, and this particular profession is their purpose here on Earth. These people still have all kinds of ups and downs in their work like everyone else does: They perceive successes and failures, feel happy and sad, experience contentment and frustration, and so on. Having a job you love doesn't exempt you from the human experience, of course.

The difference is that those who are called to their work feel a kind of higher purpose to their profession, that they are making a living in such a way that benefits both themselves and others.

When people do what they love to do, their inspiration creates an internal drive towards success. Most people are caught in the illusion that they have to complete certain things, or reach a particular age or income level before they can start doing what they love to do. The truth is, we can either make excuses for why we are not doing what we love yet, or we can make our dreams come true now. The choice is ours, and the secret is to determine what we love to do and then begin doing it. Right now, you may not exactly 'love' what you do for a living. I've previously stated that we should do what we love to do. However, I also stated that we should love what we do. This is the other side of the coin you see. If we learn to love what we are doing right now, that will help us to do more of what we love. It is not just a matter of doing what you love, it is also about loving what you do.

Any event or situation is neutral by default, and any negative or positive value we perceive to them, are just perceptions within our minds. All events or situations have both positive and negative aspects. That means, if you see a lot of negative aspects to what you do right now, then there are an equal number of positive aspects that you are overlooking. Find these aspects, and give your thanks to God for them. Look at how doing what you currently are doing helps to prepare you to do more of what you are inspired about.

The more you do what you love and the more you love what you do, the more fulfilling your entire life becomes. This is the key to fulfillment. If you don't fill your life with what you do love, it becomes filled with what you don't. If you can dedicate or commit your life to your particular purpose or dream, then your inner magnificence will start to unfold. When you do what you love, you can prosper more effectively in all areas of your existence.

Your life is most fulfilling when you pursue your primary purpose - the one that you love.